

What Is a Certified GOGI Community Coach?

A GOGI Coach is a community leader. A GOGI Coach improves the lives of others by being an example of service and dedication to making positive contributions to the world around them. A GOGI Coach is ready to help anyone seeking more knowledge about the GOGI Life Tools. A GOGI Coach is a volunteer who supports the learning of the GOGI Life Tools through weekly GOGI Meetings, individual GOGI studies, and GOGI mentoring.

What are the Requirements?

GOGI Coach Certification has been compared to the rigorous study of a college-level Associate's Degree. The process usually takes two years and requires more than 40 credit hours of course completion that includes a special project.

The candidate for Coach status is required to complete a thesis project which is a 30-page document outlining the process of sharing the GOGI Life Tools in a meaningful way. The student can choose any subject which has meaning in their life. Some topics for the thesis have been GOGI as an alternative to gang involvement, GOGI to create harmony at home, GOGI fitness, GOGI for kids, and GOGI for relationships.

What are the Benefits?

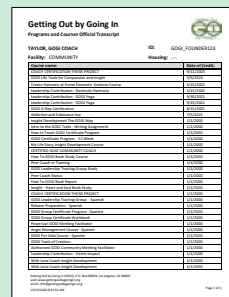
Earning a GOGI Coach Certification has helped individuals obtain lasting employment and has helped in repairing and enhancing relationships. GOGI Coach Certification serves as a constant reminder to be of service to the community.

GOGI Courses

Earn a certificate for each course completion.



GOGI Transcript



Completion Certificate



How Much Does it Cost?

GOGI offers several free, grant-funded, and low-cost donor-subsidized courses. Ask us for a list of GOGI courses and a GOGI Coach form checklist.

There is **no cost** to enroll in the GOGI Coach Certification Program. There are specialty courses that can be purchased separately. There is no financial contract or time limit for completion. GOGI Coach candidates may complete one course at a time and at their own pace.

What Do GOGI Coaches Say?



"I became a GOGI Coach because my spirit was drawn to the GOGI way of life!"

~ GOGI Coach Maria

"I was looking for direction, purpose, and a way to experience internal freedom. Certification as a GOGI Coach provided me with opportunities to serve my community in ways I never thought possible."

~ GOGI Coach Johnny



"Before I found GOGI, I was a mess, a lost soul with no insight of who I was or where I was going. Becoming a GOGI Coach taught me to love myself and helped me get my family back!"

~ GOGI Coach Kathy

GOGI Coaches...

- ... **enjoy** the GOGI Life Tools as a gift they offer others.
- ... **explore** their own leadership potential through volunteerism.
- ... **benefit** from the title "Coach" in defining their status.
- ... **succeed** in areas of life where others may struggle.

... and so much more.

Below is an example of the requirements leading toward official GOGI Coach Status. The form, complete with a checklist and credit calculator, is available upon request.

Coach Requirements

- Mandatory Credits = 8
- Elective Credits = 14
- G-Rep Certification = 6
- Leadership Packet = 12
- Total Credits Required = 40**

Category	Course Title	Credits	Date
Mandatory Category (all 8 credits are required)			
Mandatory credits:	GOGI Life Tools Mini Book Course (18 pg report)	3	
	My Life Story (15 pg written course)	2	
	Teach Me How to GOGI	3	
Elective Category (14 credits required)			
Elective credits:	#1, #2, #3, and/or #4 Beginning GOGI	2 (8 max)	
	Anger Management	3	
	Building Blocks of Positive Decisions	3	
	Domestic Violence	3	
	GOGI 12 Week Certificate Program	3	
	GOGI Group Facilitator Program (spider table)	3	
	GOGI Leadership Training Group Study (workbook)	3	
	GOGI for Kids (18 pg report/summary)	2	
	GOGI Yoga for Small Spaces (book report)	2	
	How to GOGI: Ready Set GOGI: Misc reports	2	
	Insight Development the GOGI Way	2	
	Parenting the GOGI Way	3	
	Powerful: Your Life the GOGI Way (18 pg report)	3	
	Release Preparation	3	
	Say Goodbye to Criminal Thinking	3	
	Substance Use	3	
	The GOGI Meeting Manual (15 pg report pre-approval needed)	3	
	Victim Impact: GOGI Vic	3	
	With Love Coach (book report)	2	
G-Rep Certification (6 credits)			
G-Rep credits:	The GOGI Group Facilitator Certification Program	6	
Leadership Packet (12 credits)			
Submit entire packet including the items below (all of requirements are met).			
Packet credits:	Special Project Proposal Form	0	
	4 Peer Letters of Recommendation	1	
	1 page essay "Why I Should Be a Good Coach"	1	
	30-page Special Project	10	
	This Coach Requirement Checklist	0	
Total credits:		40	





GOGI Coach Keith & GOGI Coach Ernesto

Connect With the GOGI Family

- YouTube: [GOGILifeTools](#)
- Twitter: [GOGILifeTools](#)
- TikTok: [GOGILifeTools](#)
- Instagram: [GOGILifeTools](#)
- LinkedIn: [Getting Out by Going In](#)
- Facebook: [Getting Out by Going In](#)
- Zoom: [Weekly Meetings](#)
(contact GOGI for the link)



GOGI Communities focus on sharing the GOGI Life Tools in a positive way.

What Does a GOGI Coach Do?

A GOGI Coach seeks opportunities to help others make the most positive decisions in every circumstance. This broad definition permits the GOGI Coach to volunteer in many settings, a few of which are listed below.

WORKPLACE GOGI - Coach Kathy holds a monthly GOGI group with her employees. The group reviews GOGI materials and some participants complete courses. The group positively impacts the work environment.

SOBER LIVING GOGI - Future Coach Justin is a case manager in a sober living transition home. He offers GOGI Life Tool studies to many individuals on his caseload. Using our free PDF courses, his clients are able to earn GOGI certificates of completion.

GOGI IN JAILS - Coach Maria facilitates a GOGI Group in a women's jail facility. The women hold their weekly GOGI Meetings, and she visits regularly to inspire and encourage the expansion of the GOGI culture at the jail.

GOGI IN PRISONS - Coach Al supports GOGI studies in prisons. He and his wife meet with GOGI students. They review completed courses, oversee the GOGI meetings, and share inspirational GOGI messages.

SPANISH GOGI - Coach Efrain returned to South America and now leads several community and organizational GOGI groups for populations in Colombia that seek positive reinforcement and simple tools. He prints and distributes free GOGI materials in Spanish for his participants.

COURT DIVERSION GOGI - When a GOGI Coach suggests GOGI to friends and family, individuals are often able to suggest GOGI studies as an alternative to detention and incarceration. As an advocate for the study of the GOGI Life Tools, the GOGI Coach can seek various options to help others.

YOUR GOGI - There are unlimited ways you could make the world a better place as a GOGI Coach. The question is, where would YOU GOGI?



GOGI Life Tools

Lasting Change... Simplified

- BOSS OF MY BRAIN
- BELLY BREATHING
- FIVE SECOND LIGHTSWITCH
- POSITIVE THOUGHTS
- POSITIVE WORDS
- POSITIVE ACTIONS
- CLAIM RESPONSIBILITY
- LET GO
- FOR-GIVE
- WHAT IF
- REALITY CHECK
- ULTIMATE FREEDOM

Contact Us

For certification detail write to GOGI:

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Become a GOGI Coach

Getting Out



by Going In

YOU can become a Certified GOGI Community Coach!

