

The GOGI Coach News

PowerUp! GOGI Community Update ~ April/May 2021



Community Outreach Advisors



As Certified GOGI Community Coaches return home, Coach Johnny, Grep Ernie, and Coach Ernesto support our released GOGI leaders. As the Community Outreach Advisors they strengthen GOGI with PowerUp GOGI Meeting Facilitator Training and donor funded GOGI supplies so our Coaches can continue a life of service, The GOGI Way.

GOGI Media Expansion



Coach Leigh Carlson has been a core GOGI team volunteer for more than a decade. This year, Coach Carlson was given the support she always wanted to expand GOGI's Media, which is an area of expertise for this long-time volunteer Director of GOGI's Media Division.

Our website gettingoutbygoingin.org is telling inspiring stories and sharing informative videos Coach Carlson has produced. Her new video series, "Humans of GOGI" spotlights our most dedicated volunteers. The GOGI YouTube Channel (Getting Out by Going In) is gaining viewers and becoming a popular resource for all things powerful, positive, and productive.

PowerUp Leadership Academy

GOGI's expansion to online education and our Certified Community Coach program required a leader respected by the GOGI Community.



Who better to fill that role than Grep Avanika, who has been a GOGI Volunteer for nearly a decade. Grep Avanika is expanding GOGI's reach so anyone wishing to earn the powerful GOGI Coach status will be able to be of service to their community, The GOGI Way.

GOGI Life Tools for Everyone

Podcasts > Education > Self-Improvement > Coach Taylor

Simple Life Tools
A Coach Taylor Podcast
Coach Taylor >

From the Provider

There are simple solutions to life's biggest problems. Join Coach Taylor as she shares strategies for you to easily move beyond perceived limitations. New sessions will be available every Wednesday & Friday! Support this podcast: <https://anchor.fm/coach-taylor/support>

Subscribe

NAME TIME RELEASED DESCRIPTION POPULARITY PRICE

1 Doing the Dance of Change	10 min	Mar 19, 2021	As much as you... i	<input type="button" value="Get"/>
2 You Can Move Beyond Your Past	11 min	Mar 17, 2021	It's human natur... i	<input type="button" value="Get"/>
3 The Instant Wisdom Technique	10 min	Mar 12, 2021	Sometimes, rely... i	<input type="button" value="Get"/>

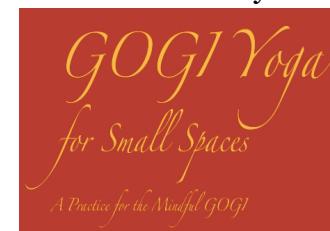
TOTAL: 3 ITEMS

LINKS
Website
Report a Concern

As GOGI continues to expand throughout the Nation, there is no better way to reach a larger audience than by having a podcast. "A Coach Taylor Podcast" is now available on 5 different podcast platforms including Apple and Spotify and invites the listener to learn The GOGI Life Tools. Expanding the GOGI Life Tools throughout community is our goal and this podcast makes learning easy. Tell your family and friends to subscribe to "A Coach Taylor Podcast" so they can benefit from The GOGI Life Tools as well.

GOGI Yoga for Small Spaces

Coach Amy Rose, and her team of yoga experts, have completed the "GOGI Yoga for Small Spaces" manual which will soon be available online for purchase. Proceeds from sales of the manual will help fund GOGI Yoga for (of course) small spaces such as prison cells - or New York City apartments.



In Other News!

~ GOGI Dad's and Daughters Power Up Together to Heal and Serve.

Coach Jacob Taele (PBSP/ISP) and baby daughter, Coach Ernesto Perez (PVSP) and daughter, Coach Alfonzo Garcia (KVSP, CCI, ISP) and daughter joined GOGI Mom Carolyn (mother to Coach James Higginbotham) and Coach Johnny (new GOGI Board Member and Mailroom Manager) in a PowerUp! GOGI Dads and Daughters video meeting. Soon, there will be GOGI PowerUp meetings every day of the week, every week of the year. And everyone united on the GOGI Calendar of Study.

~ Upcoming Courses

“Getting High On Life,” the GOGI course that addresses addictions The GOGI Way is set for June, 2021 print date. The 200-page course will be sold for \$75.00 on our website Gettingoutbygoingin.org. GOGI will, as always, seek grant funding to provide funded courses to GOGI students.

~ Letters to the Parole Board

Know that GOGI continues to submit Board Letters with Student Transcripts directly to the Board for all GOGI students with 4+ credits. Give our mailroom team 90 days to get this done, as they are barely keeping up with the huge number of incoming GOGI requests.

~ Grants/No Grants. Remember, GOGI offers MY LIFE STORY (in Spanish, too) and POWER UP BOOK REPORT courses to anyone else wanting to earn GOGI course certificates.

~ GOGI Needs Your Art. Art about the GOGI Tools or containing GOGI specific wording is much needed for new materials.

~ GOGI Needs Postage. If you have extra postage, we sure could put it to good use.

~ GOGI Survives on donations. If you can, please SPONSOR GOGI STUDIES with any size donation.

~ GOGI would not be GOGI without our volunteers. If you can, write a little note of appreciation. It goes a long way on a hot summer day!

A Note from GOGI Founder, Coach Taylor

Sometimes trauma or unfortunate circumstances can be morphed into pretty awesome outcomes, especially for those of us who use our GOGI Life Tools.

Because I believe myself to be skilled at using my GOGI Life Tools, I was able to create positive outcomes from my recent fall off a horse and the resulting metal plate in my arm. What I know is this. When we perceive our challenges to be opportunities in disguise, we can create some significantly powerful outcomes.

For example, I always knew GOGI needed advisors, a robust media, a leadership academy, podcasts, and new materials. But, in the rat-race that defined my scramble to drive from one prison to the next, day after day, year after year, I never quite got around to it.

When I fell off the horse, my first thought was, “I am not dead.” My next impulse was to move. “I am not paralyzed.” When I tried to lift myself from the dirt I realized, “I am really messed up.” Not being dead was the biggest wake up call. It forced me to lay in bed as the metal plate in my arm took hold and the bones beneath my waist began to heal. Confinement brings blessings, if we choose to perceive them as such. As a result of my “confinement” this newsletter shares with you the expanded, new and improved, more inclusive, and broader mission of GOGI including media, podcasts, materials and advisors. All because a horse won an argument with a would-be rider.

Blessings emerging from disasters is what happens when we use our GOGI Life Tools. As I lay in the dirt, waiting for an ambulance, thoughts of my daughter, the Students of GOGI, and the growing importance the GOGI Life Tools play in the lives of others was enough to strengthen my resolve to commit to making the many broken bones of my body into a fortification that cannot, and will not be broken. That is how we do things at GOGI.