

# PowerUp GOGI Meeting Quick Reference Guide

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| <b>Step 1</b>  | <b>Tool of the Week</b><br>Check your calendar   |
| <b>Step 2</b>  | <b>Admin and Announcements</b><br>Group business and announcements   |
| <b>Step 3</b>  | <b>Start Your Meeting</b><br>Welcome and read opening statement  |
| <b>Step 4</b>  | <b>Review Your Tools</b><br>Volunteer reads/recites all GOGI Life Tools  |
| <b>Step 5</b>  | <b>PowerUp GOGI Purpose</b><br>Volunteer reads the PowerUp GOGI Purpose  |
| <b>Step 6</b>  | <b>Group Check In</b><br>Facilitator asks a question and each group member replies in 1-2 sentence response.   |
| <b>Step 7</b>  | <b>Tool Reading 1</b><br>Volunteer to read Tool Objective, Statement of Ownership, Key Words<br><b>Tool Reading 2</b><br>Another volunteer to read Tool Basics |
| <b>Step 8</b>  | <b>Tool Experience</b><br>Volunteers share their experience with this Tool or a reading they would like to share.  |
| <b>Step 9</b>  | <b>Quick Review</b><br>Recap of the Tool   |
| <b>Step 10</b> | <b>Activity</b><br>If time permits   |
| <b>Step 11</b> | <b>Statement of Intention</b><br>Group members complete this sentence. This week I will...   |
| <b>Step 12</b> | <b>Pledge of Service</b><br>Volunteer recites the GOGI Pledge of Service   |

For more information: [gettingoutbygoingin.org](http://gettingoutbygoingin.org)