

## GOGI 2016 Fact Sheet

### **How much does GOGI cost?**

The cost of GOGI programming is entirely dependent upon which program works best for your institution. The most popular way to study GOGI is in small group sessions. Depending on how many prisoners you have engaged in GOGI studies, the cost is about \$15.00 per student for each 15 weeks of study.

### **How can we keep the cost so low?**

GOGI is a non-profit organization. Our donor help subsidize the cost of GOGI programming so we can reach our goal of 250,000 GOGI students in the USA. Additionally, our upper management team is all volunteers. And, most our staff are volunteers or stipend pay, the people who contributed to the course development are volunteers, and GOGI is founded on - and grows rapidly as a result of - volunteerism.

Please email us for a programming quote and we'll let you know what level of donor support we can provide: [Info@gettingoutbygoingin.org](mailto:Info@gettingoutbygoingin.org). Tell us your needs, how many prisoners you would like included in programming, and we will do our best to find a donor to make your programming more than affordable.

### **How effective is GOGI?**

To understand GOGI's effectiveness it is important to speak with the thousands of individuals who are choosing to use the positive decision-making tools of GOGI every day. You can get a glimpse of our effectiveness by watching some of our videos on our YouTube channel.

Your see, if GOGI were simply a "program" measured with a pre and post test, the real strength of GOGI would be missed. Why? Because long after release from prison or jail, students of GOGI continue to use their GOGI Tools. They actually CHANGE their decision making processes with the simple tools created BY and FOR prisoners.

There is no scientific test that can measure the incredible impact a student has had on their community after release because GOGI is not simply a program. GOGI is a culture. To create statistical evidence of the efficacy of GOGI programming we would be diminishing the bigger picture. GOGI is a culture that is not confined to a statistical analysis of recidivism rates based on a 15-week crash course in how to fix 30+ years of poor decision-making and addiction.

GOGI is an alternative lifestyle, a culture. GOGI is not a program...it is a WAY to live that replaces the old way (that never quite worked, anyway.)

If you really want or need statistical evidence, our suggestion is that you start your GOGI program and then measure anything you wish to measure. You can measure increased compliance among GOGI students. Or reduction of write ups. Or you can measure successful release. Or increased employment for longer durations. Whatever you want to measure, it will only represent a small drop in the bucket of the benefits of GOGI programming.

The positive outcome of a GOGI program can't be reduced to a set of numbers.

### **How does GOGI work?**

GOGI offers a variety of books, courses, and media that can be studied alone or in groups. We've specifically designed our curricula so every single prisoner can study GOGI with minimal support. There are three ways to implement GOGI programming:

#### **Leadership Training Certificate Program**

Your institution selects up to 25 prisoners (number is flexible depending on security limitations) as potential positive peer models. The selected prisoners meet weekly for two hours and engage in one year of weekly training and study related to personal skill-building and facilitation training.

As a core group of peer leaders are certified after one year, they begin to mentor other prisoners.

As always, GOGI supports this program with donor-subsidized materials, discounted materials, significant volunteerism, administrative assistance, ongoing supervision of curricula, certificate creation, training of prisoners and staff, and free access to GOGI Media as well as adding each student to our National GOGI Student Tracking System which documents their progress in GOGI studies.

#### **GOGI Group Certificate Program - Small Group Study**

This model is ideal when staff or educators wish to directly supervise small group study of 5-12 prisoners. An optional method is to permit prisoner mentors to supervise in-housing unit study groups. When using peer mentors, prisoners do not have to be moved to a classroom or chapel to study. They can assemble on their own time or in supervised time. This is often helpful for institutions with high lockdown rates or lack of adequate supervision for movement. There is no limit to the number of small study groups of 5-12 prisoners which may occur simultaneously. This is the most cost-effective form of GOGI programming.

#### **In-Cell Study – Certificate Programs**

For the difficult to reach prisoner, those who can't easily be moved or work in small groups, GOGI's in-cell model is ideal. Each prisoner is provided text materials which they work on independently. Coursework is turned in when complete and credit is provided after academic review.

These programs require daily reading and writing of concepts clearly outlined in GOGI texts and GOGI study workbooks. This program does not require group study or any movement out of the cell for completion.

### **Which method will work best for my institution?**

GOGI has seen great results with all the methods listed above. The most popular way to implement GOGI programming is LEADERSHIP TRAINING, usually utilizing long term inmates as



facilitators. However, great success is also available with the SMALL STUDY GROUP when sufficient staff permits direct oversight. And for those difficult-to-program inmates, the IN CELL is an ideal way to reach them.

Did we mention all our courses are in English and Spanish?

Send us an email and we will help you design the programming perfect for your situation.  
[Info@gettingoutbygoingin.org](mailto:Info@gettingoutbygoingin.org)

### **Why is GOGI so effective?**

Many institutions are amazed that a positive culture emerges from prison. Here are some of the ways GOGI is different from other programs:

DONOR SUBSIDIZED – All GOGI programming is subsidized by donors. This makes it affordable for jails, prisons, or any setting that would like evidence-based and proven methodologies for behavioral change.

THE PRISONER VOICE – GOGI is the prosocial voice of prisoners. All curricula are developed BY prisoners FOR prisoners, so prisoners can relate to the material for ease of integrating the concepts into their decision making processes.

ORGANIC AND VIRAL – 100 percent of GOGI's growth has been word-of-mouth as one prisoner shared what they've learned with their peers.

A WAY OUT – GOGI offers a pro-social, service-oriented culture for the prisoners, a welcomed escape from the negative prison mentality. As GOGI expands within an institution, the positive culture can quickly become the norm of a cell block or yard.

INCLUSIVE – GOGI is by and for individuals who seek greater levels of freedom through positive decision making. Every individual, regardless of age, race, sex, gender, religious beliefs, shoe size or criminal history is welcome to use GOGI however it works best for them.

### **Is GOGI available to all institutions?**

Yes. GOGI is available and works well for all custody levels and crimes. While most successful with the hardest of cases, programming is also available for short term jail sentences as well as alternatives to jail or custody programming.

### **Is there a Spanish version of GOGI?**

Yes, GOGI is available in both English and Spanish.

### **I just heard about GOGI. How long has GOGI been around?**



GOGI started as a nonprofit in 2002 and has operated as a 100 percent volunteer reliant, donor subsidized programming option for prisoners in Federal, State and County settings of incarceration.

**What topic-specific courses are offered?**

In addition to general self-help courses, GOGI offers Anger Management In-Cell Study which can also be combined with small group study. We also offer Release Preparation In-Cell Study which can also be combined with small group study.

More courses are being added so check back with us. Parenting. Domestic Violence, GOGI to address gambling, etc.

Contact: [info@gettingoutbygoingin.org](mailto:info@gettingoutbygoingin.org)