

GOGI PRISON PROGRAMMING 2017 Fact Sheet

How much does GOGI cost?

The per prisoner cost of GOGI programming is dependent upon which program works best for your institution and the number of prisoners you wish to engage in the program. Of course, cost per prisoner is reduced with increased number of participants. Because GOGI is donor-subsidized, you are going to get more - much more - for your corrections dollar. The most effective way to study GOGI is in small groups of 5-12 inmates. The cost for each course book can be as low as \$15.00 per student for each 15 weeks of study. Students will want to repeat the course multiple times so it can cost as low as \$45 per prisoner per year for a full year of programming.

How can we keep the cost so low?

GOGI is a nonprofit organization run by volunteers. Our donors help subsidize the cost of GOGI programming so we can reach our goal of 250,000 GOGI students in the United States. Donors will also MATCH some book purchases, thereby increasing your ability to reach even MORE prisoners with GOGI programming. In addition to our donor support, our upper management team members are volunteers. And, most our staff are volunteers or stipend pay, as well. The individuals who contribute to the course development are volunteers. GOGI is founded on - and grows rapidly as a result of - community based volunteerism. THAT is the single reason our effective and evidence-based programming is so affordable. Please email us for a programming quote and we'll let you know what level of donor support we can provide:

info@gettingoutbygoingin.org. Tell us your needs, how many prisoners you would like included in programming, and we will do our best to find a donor to make your programming affordable.

How effective is GOGI?

To understand GOGI's effectiveness it is important to speak with the thousands of individuals who are choosing to use the positive decision-making tools of GOGI every day. You can get a glimpse of our effectiveness by watching some of our videos on our YouTube channel. The YouTube address is [youtube.com/gettingoutbygoingin](https://www.youtube.com/gettingoutbygoingin)

But what about STATISTICS???

If GOGI were simply a "program" measured with a pre and posttest, the real strength of GOGI would be missed. Why? Because long after release from prison or jail, GOGI students continue "program" GOGI and use their tools. GOGI students coined the phrase "GOGI 4 Life" and voiced their dedication to "Live The GOGI Way." They actually CHANGE their decision-making processes LONG TERM with the simple tools created BY and FOR prisoners. There is no study that adequately measures a culture shift. We believe to create statistical evidence of the efficacy of GOGI programming we might diminish the bigger picture. GOGI is a culture that is not confined to a statistical analysis of recidivism rates based on a 15-week crash course in how to fix 30+ years of poor decision-making and addiction. GOGI is an alternative lifestyle, a culture, and a way of life. The GOGI course is just the beginning. GOGI is not a program...it is a WAY to live that replaces the old way (that never quite worked, anyway).

If you really want or need statistical evidence, our suggestion is that you start your GOGI program and then measure many benefits. You can measure increased compliance among GOGI students. Or reduction of write-ups. Or you can measure successful release. Or increased employment for longer durations. Whatever you want to measure, the prisoners who embrace GOGI as a lifestyle will tell you it will only represent a small drop in the bucket of the benefits of GOGI programming.

How does GOGI work?

GOGI offers a variety of books, courses, and media that can be studied alone or in groups. We've specifically designed our curricula so every single prisoner in every possible setting can study GOGI with minimal support. We have prisoners studying GOGI in solitary, Max, Minimum, jail, alternatives to jail, Super Max, Mental Health, Hospice, Military, gay, gang step down, sensitive needs. You name it and GOGI is there. Here are the three main ways to implement GOGI programming:

1) Leadership Training Certificate Program

Your institution selects up to 25 prisoners (number is flexible depending on security limitations) as potential positive peer models. Selected prisoners meet weekly for two hours and engage in one year of weekly training related to personal skill-building and facilitation training. As a core group of peer leaders are certified after one year, they begin to mentor other prisoners. As always, GOGI supports this program with donor-subsidized materials, discounted materials, significant volunteerism, administrative assistance, ongoing supervision of curricula, certificate creation, training of prisoners and staff, and free access to GOGI Media as well as adding each student to our National GOGI Student Tracking System which documents their progress in GOGI studies.

2) GOGI Group Certificate Program – Small Group Study

This model is ideal when staff or educators wish to directly supervise small group study of 5-12 prisoners. An optional method is to permit your Leadership graduate prisoners to supervise in-housing unit study groups. When using peer mentors, prisoners do not have to be moved to a classroom or chapel to study. They can assemble on their own time or in supervised time. This is often helpful for institutions with high lockdown rates or lack of adequate supervision for movement. There is no limit to the number of small study groups of 5-12 prisoners that may occur simultaneously. This is the most cost-effective form of GOGI programming.

3) In-Cell Study – Certificate Programs

For the difficult to reach prisoner, those who can't easily be moved or work in small groups, GOGI's in-cell model is ideal. Each prisoner is provided text materials they work on independently. Coursework is turned in when complete and credit is provided after academic review. These programs require daily reading and writing of concepts clearly outlined in GOGI texts and GOGI study workbooks. This program does not require group study or any movement out of the cell for completion.

Which method will work best for my institution?

The most popular way to implement GOGI programming is LEADERSHIP TRAINING, usually utilizing long-term inmates as facilitators. However, great success is also available with the SMALL STUDY GROUP and direct oversight. For those difficult-to-program inmates, the IN-CELL is an ideal way to reach them.

Why is GOGI so effective?

Many institutions are amazed that a positive culture emerges from prison. Here are some of the ways GOGI is different from other programs:

DONOR SUBSIDIZED – All GOGI programming is subsidized by donors. This makes it affordable for jails, prisons, or any setting that would like evidence-based and proven methodologies for behavioral change.

THE PRISONERS VOICE – GOGI is the pro-social voice of prisoners. All curricula are developed BY prisoners FOR prisoners, so prisoners can relate to the material for ease of integrating the concepts into their decision making processes.

ORGANIC AND VIRAL – GOGI's growth has resulted from word-of-mouth as one prisoner shared "the GOGI lifestyle" with their peers.

A WAY OUT – GOGI offers a pro-social, service-oriented culture for the prisoners, a welcomed escape from the negative prison mentality. Why? Because it is BY and FOR prisoners. GOGI offers an EXCUSE to make good decisions. As GOGI expands within an institution, the positive culture quickly becomes the welcomed norm of a cell block.

INCLUSIVE – GOGI is by and for individuals who seek greater levels of freedom through positive decision-making. Every individual, regardless of age, race, sex, gender, religious beliefs, shoe size, or criminal history is welcome to use GOGI however it works best for them.

Is GOGI available to all institutions?

Yes. GOGI is available and works well for all custody levels and custody durations.

Is there a Spanish version of GOGI?

Yes, GOGI is available in both English and Spanish.

I just heard about GOGI. How long has GOGI been around?

GOGI started as a nonprofit in 2002 and has operated as a 100 percent volunteer run and operated.

What topic-specific courses are offered?

In addition to general self-help courses, GOGI offers Anger Management In-Cell Study which can also be combined with small group study. We also offer Release Preparation In-Cell Study that can be combined with small group study. More courses are being added so check back with us. Parenting, Domestic Violence, Addiction, Gambling, etc....

Contact: info@gettingoutbygoingin.org. Email for a price sheet or no-pressure consultation.