

# Videotaping of self-help program at CTF boosts rehabilitation efforts

Contributor Thursday, October 22, 2015 1 Comment



*The self-help program, Getting Out by Going In, was recently videotaped at CTF-Soledad for future rehabilitative efforts.*

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In its continuing effort to promote rehabilitation through supporting evidence-based programming, Correctional Training Facility, Soledad, Warden M. Eliot Spearman permitted Getting Out by Going In (GOGI) to videotape the program, which has been successful as an Inmate Leisure Time Activity Group (ILTAG) at CTF since 2011.

The program is an Innovative Grant recipient.

“CTF collaborated with GOGI to such an extent that, as an organization, we refer to our CTF programming as the template with which we are modeling our proposals for Federal, State, private, and county settings of detention and incarceration,” said GOGI’s Executive Director Dr. Mara Leigh Taylor. “As a result of Warden Spearman’s vision for GOGI at the institution he oversees, our organization is able to replicate this very successful model for low-cost, high-impact, volunteer-driven, inmate-facilitated programming for all populations.”

In a coordinated effort, the staff of CTF and the film crew worked closely to identify the best way to videotape hundreds of programming participants. Holding the prisoners to a high standard of behavior and security, the two-day filming project resulted in footage to be edited into several hours of self-help educational media.